



**Foreman Foundation Scholarship Fund
In Memory of John Bruno, Jr.**

2008 Information Packet



FOREMAN FOUNDATION

Mission Statement

A group of volunteers formed to perpetuate the memory of our friend, John Bruno, Jr.

The mission of the Foreman Foundation is to raise funds for medical research that will lead to a cure for melanoma cancer while heightening awareness as to the causes and symptoms of this disease.

FOREMAN FOUNDATION

John Bruno, Jr. - Biography

John C. Bruno, Jr. was born September 10, 1964, in Jeannette, Pennsylvania, the son of Alfrieda and John C. Bruno, Sr. and younger brother of sister Cheryl. John grew up in Upper St. Clair Township, a suburb in the south hills of Pittsburgh. John was a bright, talented and charismatic student/athlete at Upper St. Clair High School. In addition to graduating with High Honors, John earned 2 letters in varsity baseball, 2 letters in varsity basketball and 3 letters in varsity football where he was recognized as an All Western Conference Wide Receiver in 1980 and 1981 and All WPIAL District Wide Receiver in 1981.

John enrolled at Penn State in the fall of 1982 and was a walk-on member of Penn State's first National Championship Football Team that year. John earned a scholarship as well as the starting Punter position in the 1984-1986 seasons. He earned All East Punter recognition in 1985 and 1986 as well as Honorable Mention All American honors in 1986. His punting performance in the 1987 Fiesta Bowl helped secure the Nittany Lions' second National Championship in the victory over the University of Miami, and is considered one of the finest kicking performances ever in a national championship game. He was drafted by the St. Louis Cardinals in the fifth round of the 1987 NFL draft and eventually punted for his hometown Pittsburgh Steelers later that year.

John Bruno, Jr. - Biography (cont'd)

After football, John devoted his time and energy into another passion of his, golf. John was looking to combine that passion with the Finance degree he earned from Penn State to develop his own business. His pursuit of that business ended in December 1991 when several Melanoma tumors were detected and required immediate treatment. John passed away on April 13, 1992, from complications caused by Melanoma.

In addition to the annual Foreman Foundation Golf Tournament, John is remembered with annual football awards in his name. They include: The Yough Area High School Scholar-Athlete of the Year, The Upper St. Clair High School Special Teams Player of the Year, and The Penn State University Special Teams Player of the Year.

John is survived by his parents Alfrieda and John C. Bruno, Sr., sister and brother-in-law Cheryl and Douglas Gamber, niece Emily Jo Gamber, nephew John Douglas Gamber, and many other family members and friends who continue to miss him. He was a special young man who gave many wonderful memories to the many people who were fortunate to know or to know of him.

FOREMAN FOUNDATION

Scholarship Fund Guidelines

1. The Foreman Foundation is a 501(c)(3) charitable organization founded to honor and perpetuate the memory of John Bruno, Jr. by raising funds for research to find a cure for melanoma.
2. In addition to funding research efforts, it is the intent of the Foreman Foundation to honor one Upper St. Clair High School senior student per year by granting a scholarship to perpetuate the memory of John Bruno, Jr. Known as The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr., it is intended to recognize a senior athlete who excels in academics and extra-curricular activities, plans to continue pursuing these activities at a collegiate level, and one who best exemplifies the character of John as a student, athlete and friend.
3. The Foreman Foundation agrees to provide funds to its Scholarship Committee in a timely manner to enable the Scholarship Committee to award a monetary scholarship named by the committee.

Scholarship Fund Guidelines (cont'd)

4. The Scholarship Committee is comprised of the following individuals:
 - Mr. Jim Render, Committee Chairman and Upper St. Clair Coach
 - Mr. Joe Johns, Foreman Foundation Board Member
 - Dr. Mark Wilcox, Foreman Foundation Board Member
 - Mr. Doug Niesen, friend of John Bruno, Jr.
 - Mr. Joe David, friend of John Bruno, Jr.

5. The Scholarship Committee will, each spring, grant one Foreman Foundation Scholarship in Memory of John Bruno, Jr. to a student who meets the following guidelines:
 - a. The student must be a graduating senior from Upper St. Clair High School.
 - b. The student plans to attend a four-year college or university to pursue a Bachelor's Degree.
 - c. The student will participate in a college- or university-sponsored varsity sports program.
 - d. The financial aid the student receives from sources other than this Scholarship Fund, combined with The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr., must not exceed one year's tuition and housing at that college or university.
 - e. The student must demonstrate the qualities of John Bruno, Jr. as student, athlete and friend to the faculty of Upper St. Clair High School and to the student body of Upper St. Clair High School.
 - f. The student/athlete must have obtained at least a 3.0 out of a possible 4.0 cumulative grade point average at Upper St. Clair High School.
 - g. The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr. is available to all Upper St. Clair High School seniors without regard to race, color, creed, sex, age or national origin.

Scholarship Fund Guidelines (cont'd)

- h. The recipient must remain enrolled as a full-time student, maintain at least a 2.5 out of a possible 4.0 cumulative grade point average in his or her college or university courses the entire four years, and continue to participate in a college- or university-sponsored athletic or arts program. Failure to do so, with the exception of injury, will disqualify the recipient for all future annual scholarship payments.
 - i. During each of the 4 (four) years the recipient receives the scholarship, he/she must perform a minimum of 1 (one) activity to promote melanoma awareness.
- 6. The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr. will be a four-year scholarship in the amount of One Thousand Dollars (\$1,000.00) per student per year.
- 7. One award will be made each year and the student will receive the sum of One Thousand Dollars (\$1,000) per year for four years as long as the Scholarship Committee certifies that the maintenance requirements as set forth in the foregoing guidelines have been met.
- 8. The Scholarship Committee will monitor the recipient's progress during college and will report annually to the Foreman Foundation's Board of Directors. Also, the recipient(s) will be required each year to attend the Foreman Foundation annual golf outing as a volunteer. He/she will also be invited to our dinner banquet to receive his/her scholarship check. If awardee does not attend the golf outing as a volunteer, he/she will forfeit their award for that year.
- 9. The Scholarship Committee will make the final selection of The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr. based on the information submitted by, and a personal interview with, three finalists. The Committee Chairman (Jim Render) will determine the three finalists based on the information submitted from all applicants.
- 10. It is the duty of the Scholarship Committee to make known to the senior students of Upper St. Clair High School the availability and the qualifications for The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr., and to provide information to each applicant on

Scholarship Fund Guidelines (cont'd)

the appropriate manner in which to apply for The Foreman Foundation Scholarship Fund in Memory of John Bruno, Jr.

- a. Students may apply to the Committee Chairman (Jim Render) with a completed application that includes a written recommendation by a student's coach/program director, co-sponsored by a faculty member, and a teammate of the student.
 - b. Applications must be submitted with a written composition by the student of no more than 250 words that delineates their commitment to heighten melanoma awareness in their community in memory of John Bruno, Jr.
 - c. Recipients will be required to present certified materials to the Committee Chairman (Jim Render) at the end of each academic school year to verify that requirements set forth in section 5H have been maintained. Upon verification, the Committee Chairman will request the Foundation to distribute the next installment of the Scholarship.
11. Any changes/exceptions to guidelines will require Executive Board approval.

FOREMAN FOUNDATION

Melanoma Facts

Your skin protects your body from heat, light, infection and injury. It is made up of two layers: the epidermis (the top layer) and the dermis (the inner layer). Melanocytes are cells which contain melanin and are found in the epidermis to give skin its color. Melanoma is a disease in which melanocytes become cancerous.

Melanoma is one of three main types of skin cancer. The other two, basal cell carcinoma and squamous cell carcinoma are rarely life-threatening, however, if Melanoma is not detected early and treated promptly (usually by surgery), it can be very dangerous. Melanoma has a strong tendency to spread to other parts of the body through the lymph system or through the blood circulation system. Once Melanoma cells reach vital organs and grow they are much more difficult to treat. The spread of the Melanoma cell rather than the actual tumor is what causes the cancer to kill.

Melanoma is the fastest growing malignancy and is the second most common form of malignancy found in individuals between 20 and 30 years of age. Most common among light and fair complexioned persons and those prone to develop moles, melanoma takes one life every hour in the United States.

Melanoma Facts (cont'd)

Melanoma can appear in the skin as a new mole or may cause an existing mole to change in size, shape or color. Also, a mole that oozes or bleeds or feels itchy, hard, lumpy, swollen, or tender to the touch may be subjected to Melanoma. Melanoma is most commonly found on the trunk (between the shoulders and hips), head and neck of men and on the arms and legs of women.

It is important to know the size and location of moles on your body to recognize any changes that might take place. The following simple A-B-C-D-E rule serves as a reminder of the important signs of Melanoma relative spot on the skin:

ASYMMETRY One half does not match the other half.

BORDER IRREGULARITY The edges are ragged, notched or blurred.

COLOR The pigmentation is not uniform. Shades of tan, brown, and black are present. Red, white and blue may add to the mottled appearance.

DIAMETER Diameter greater than 6 millimeters or sudden or continuing increase in size should be of special concern.

ELEVATION A mole that is raised above the skin and has an uneven surface.

In addition to early detection, prevention can be enhanced by keeping sun exposure at a minimum. The Foreman Foundation urges everyone to become more familiar with the causes and symptoms of Melanoma.

FOREMAN FOUNDATION SCHOLARSHIP FUND IN MEMORY OF JOHN BRUNO, JR.

2008 Application

Student/Athlete: _____

Address: _____ City: _____ ST: _____ Zip: _____

Cumulative Grade Point Average at USC: _____

College or University: _____ Collegiate Sport: _____

Coach (Sponsor): _____ Signature: _____

Faculty Member (Sponsor): _____ Signature: _____

Teammate (Sponsor): _____ Signature: _____

Approximate Annual Tuition (Include Room and Board): \$ _____

Approximate Total of Other Financial Aid (Excluding Loans): \$ _____

Sponsor Comments: _____

I hereby represent that the information presented on this application is true and accurate. Also, I have read and understand the requirements to be considered and subsequently maintain my eligibility to receive this scholarship.

Signed: _____

Note: Application must be submitted with composition of no more than 250 words that distinguishes your candidacy for this scholarship and desire to heighten melanoma awareness in your community.